

Benefits of VIRGIN COCONUT OIL



Benefits as an edible oil

Weight control



Contains medium chain fatty acids (MCFAs) which are metabolised immediately and facilitate weight control



Benefits when applied to skin and hair

Antibacterial and antifungal



Possesses antibacterial and antifungal properties which can keep away the skin and hair infections.

Antimicrobial action & enhances immunity



Rich source of lauric acid (around 50%) which has antimicrobial property capable of destroying disease causing microbes.

Reduces stress, improves blood circulation



It is considered to be one of the best massage oil; regular massage with coconut oil can reduce stress, improve blood circulation and improve sleep.

Prevention from various diseases



Rich in antioxidants which may prevent from various diseases

Moisturizes skin and anti-aging action



Moisturises the skin that help keep skin healthy. Possesses anti-aging and skin-healing abilities.

Free of chemicals and additives | Can be used even for baby massage



Contact: 9821505075 | Email id: avragro03@gmail.com